New Books



Awareness Endurance Recovery: Psychological Preparedness for Natural Disaster Warnings and Natural Disasters—Trainer's Manual kit.

Reviewed by Dr Justin Kenardy School of Psychology The University of Queensland

Management of disasters is usually focussed on the practical issues of infrastructure maintenance, access to resources and assistance, and physical survival. In the face of an impending disaster, such as a cyclone, the population can be prepared in advance through warnings and advice about these issues. However, there is often a level of distress associated with the experience of disaster that has not been addressed beforehand, and as with the physical factors mentioned, it is also true of psychological response that an ounce of prevention is worth a pound of cure. It is with this in mind that Shirley Morrissey and Joseph Reser have developed a program to develop

psychological preparedness in a community before a disaster.

The Psychological Preparedness Kit for Natural Disaster Warnings and Natural Disasters is essentially a complete training and dissemination package for the program. It includes a trainers manual with step-by-step details of how the program might be presented. This manual refers to other components of the kit and provides helpful hints and time guides to assist the trainer. The kit also includes a participant's guide, overhead transparencies, associated handouts and questionnaires. Also included is a CD-ROM that contains files of all of the materials included in the kit, there is also a instructions on generation of the kit materials form the CD-ROM, including printing details.

The content of the kit focuses on a

cognitive-behavioural model of coping with stress called Stress Innoculation. This is a very widely used and wellvalidated approach to managing stressful life events. It is also very simple and is usually understood without much detailed explanation. Also, the approach can be 'taught' by non-professionals since it does not involve psychological jargon or complex theories. The principle of the approach is a simple one, how we think about something will effect how we feel about it, and what we do about it. Thus if we think that we will not handle a situation then we probably will not. Or alternatively, if we think there is no need to prepare for a disaster, even in the face of information that we should, then we may be caught

The program gives specific skills in managing an upcoming stress, specifically an impending disaster, and provides ways of recognizing and changing ways of thinking that would be counterproductive into thinking that will maximize psychological and physical survival.

The materials were generated and field-tested in the context of a cyclone, and there is some cyclone-specific content. However there would be little alteration required in order to make the kit applicable to other forms of disaster such as bushfires, earthquakes or tornadoes, although it would clearly be of most use in communities where there was an ongoing risk of the disaster occurring.

In summary, this a high quality, practical and usable tool to add to established protocols for risk minimization associated with disasters.

Justin Kenardy is Associate Professor of Clinical Psychology at the University of Queensland. His particular interest is in the prevention of and early intervention for post-traumatic stress. He has published extensively in this area and is currently studying the impact of traumatic stress in children.

Disaster Events Calendar

May 2-4, 2001 Sydney, Australia

Sixth Annual Emergencies 2001 Conference

Offered by IBC Conferences Contact: IBC Conferences GPO Box 2728 Sydney, NSW 2001 Australia phone: 02 8235 5359

fax: 02 9290 3844 email: registration@informa.com.au

email: registration@informa.com.a www.ibcoz.com/emergencies

June 3–8, 2001 Charlotte, North Carolina, USA

Association of State Floodplain Managers (ASFPM) 25th National Conference

The Association of State Floodplain Managers is an organisation of professionals involved in floodplain management, flood hazard mitigation, the National Flood Insurance Program, and flood preparedness, warning and recovery. The group has become a respected voice in floodplain management practice and policy in the United States because it represents the flood hazard specialists of local, state and federal government, the research community, the insurance industry, and the fields of engineering, hydrologic forecasting, emergency response, water resources, and others.

Contact: ASFPM 2809 Fish Hatchery Road Suite 204 Madison, WI 53713-3120, USA phone: 608 274 0123 fax: 608 274 0696 email: asfpm@floods.org www.floods.org/conf-aus.htm

June 6-7, 2001 Emmitsburg, Maryland

Emergency Management Higher Education Conference

Host: Federal Emergency Management Agency Emergency Management Institute Higher Education Project (Participation by invitation only.)

Contact: Dr. Wayne Blanchard Higher Education Project Manager FEMA, EMI, Building N Room 430
16825 South Seton Avenue Emmitsburg, MD 21727 phone: 301 447 1262 fax: 301 447 1598

June 17-21, 2001 Davos, Switzerland

Landslides: Causes, Impacts and Countermeasures

email: wayne.blanchard@fema.gov

Contact: Conference Secretary Deutsche Montan Technology Franz-Fischer-Weg 61 45307 Essen, Germany phone: 49 201 172 1886 fax: 49-201-172-1777 email: kuehne@dmt.de www.engfnd.org/lav.html

June 17-22, 2001 Newport Beach, California

Eighth International Conference on Structural Safety and Reliability (ICOSSAR '01).

(Includes sessions on hazards analysis, earthquake engineering, wind engineering, and other hazards-related issues.)

Organised by: International Association for Structural Safety and Reliability Contact: ICOSSAR '01 Secretariat University of Colorado College of Engineering and Applied Science Campus Box 422
Boulder, CO, USA 80309-0422
phone: 303 492 7006
fax: 303 492 0353
email: corotis@colorado.edu
or icossar@usc.edu
www.colorado.edu/engineering/ICOSSAR

June 18-19, 2001 Coventry University, UK

Disaster Management: Developing Best Practice

Key themes include emergency planning and response, post-trauma interventions, risk management, the role of volunteers, issues for the emergency services, the media and disasters and multidisciplinary approaches.

Sponsor: Association of Traumatic Stress Specialists
Contact: Dr Anne Eyre
Centre for Disaster Management
Coventry University
Priory Street
Coventry CV1 5FB, UK
phone/fax: 0 2476 888485
email: a.eyre@cov.ac.uk

June 19-22, 2001 Oslo, Norway

The International Emergency Management Society (TIEMS) Eight Annual Conference

Contact: Monica Kjolo
AS Quasar Consultants
P.O. Box 388
Skoyen, N-0212 Oslo, Norway
phone: +47 22 73 08 60
fax: +47 22 73 08 10
For more information about TIEMS and the
conference, see: www.tiems.org
or contact: info@tiems.org.

June 25-27, 2001 Cardiff, Wales, U.K.:

Damage Assessment of Structures (DAMAS 2001)

Contact: C. Summers
DAMAS Secretariat
CPD Unit
Cardiff School of Engineering
P.O. Box 685
The Parade
Cardiff CF2 3TA, U.K.
email: summersc@cardiff.ac.uk

June 28-July 1, 2001 Las Vegas, Nevada

Conference 2001-Las Vegas: Critical Incident Stress Management Suite of Workshops

Offered by: International Critical Incident Stress Foundation (ICISF) in cooperation with the Southern Nevada Critical Incident Stress

Management Network.

Contact: ICISF

10176 Baltimore National Pike

Unit 201

Ellicott City, MD 21042 phone: 410 750 9600 fax: 410 750 9601 www.icisf.org

or the Southern Nevada Critical Incident Stress

Management Network email: training@sncismn.com www.sncismn.com

July 2-6, 2001 Eindhoven, The Netherlands

Third European and African Conference on Wind Engineering

Contact: 3EACWE Congress Office Eindhoven University of Technology P.O. Box 513 5600 MB Eindhoven The Netherlands fax: +31 40 2458195 email: congressoffice@tue.nl www.bwk.tue.nl/bwk/events/3eacwe

July 2-13, 2001 Bangkok, Thailand

Sixth International Course on Community Based Disaster Management (CBDM-6) Offered by: Asian Disaster Preparedness Center

Offered by: Asian Disaster Preparedness Center (ADPC)

Contact: Training and Education Division Asian Disaster Preparedness Center P.O. Box 4 Klong Luang Pathumthani 12120 Thailand phone: 66 2 524 5386/524 5362 fax: 66 2 524 5350/524 5360 email: tedadpc@ait.ac.th www.adpc.ait.ac.th

July 16-20, 2001 Mt. Macedon, Victoria, Australia

Emergency Management Training Course for Public Health Professionals

Offered by: Australian Emergency Management Institute (AEMI).

Note: AEMI offers dozens of training courses and other activities throughout the year. For a schedule and registration information, contact Judy Parker

Judy Parker AEMI, Main Road Mt. Macedon, Victoria 344 Australia phone: 03 5421 5288 fax: 03 5421 5272 email: inarker@ema.gov.a

email: jparker@ema.gov.au www.ema.gov.au

Disaster Events Calendar

July 24-August 23, 2001 Faringdon, Oxfordshire

2001 International Disaster Management Training Course

Offered by: Disaster Management Centre Cranfield University. U.K.

Closing date for applications: June 23, 2001 Contact: Disaster Management Centre

Cranfield University RMCS, Shrivenham

Swindon, Wiltshire SN6 8LA, U.K.

phone: +44 0 1793 785287 fax: +44 0 1793 785883

email: disprep@rmcs.cranfield.ac.uk www.rmcs.cranfield.ac.uk/dmc

Note: the above training course will be immediately followed by the Second Internationl Course on Training of Trainers (ToT) for Disaster Management. August 27-August 31, 2001. Closing date for applications is August 1, 2001. Contact the Disaster Management Centre at the address above for additional information.

August 1-4, 2001 Laxenburg, Austria

First Annual Meeting on Integrated Disaster Risk Management: Reducing Socio-Economic Vulnerability

Sponsor: International Institute for Applied Systems Analysis (IIASA) and Kyoto University's Disaster Prevention Research Institute (DPRI) Additional information and registration: www.iiasa.ac.at/Research/RMP/dpri2001 or contact: Helene Pankl Conference Secretariat

IIASA, A-2361 Laxenburg, Austria phone: 43 2236 807 456 fax: 43 2236 807 466 email: pankl@iiasa.ac.at or Joanne Linnerooth-Bayer IIASA, A-2361

Laxenburg, Austria phone: 43 2236 807 308 fax: 43 2236 807 466 email: idrm@iiasa.ac.at

August 1-4, 2001 Stanford University, California

Crowding the Rim. International Geohazards

Contact: Crowding the Rim Summit c/o David Howell U.S. Geological Survey M/S 975 345 Middlefield Road Menlo Park, CA 94025 U.S.A phone: 650 329 5430 fax: (650) 329-4999 email: ctrsummit@usgs.gov www.crowdingtherim.org/details.html

August 6-10, 2001 Orlando, Florida

International Conference on Disaster Management

Hosted by: International Association of Disaster Management

Contact: Conference Organizing Committee International Conference on Disaster

Management

2952 Wellington Circle Tallahassee, FL 32308 phone: 850 906 0221 fax: 850 906 9228

email: mail@disastermeeting.com

August 7-10, 2001 Seattle, Washington

International Tsunami Symposium 200

Submit abstracts on-line or by email not later than September 1, 2000

See www.pmel.noaa.gov/its2001 for complete instructions and additional information

or contact: E.N. Bernard

NOAA/PMEL

7600 Sand Point Way N.E. Seattle, WA 98115-6349 phone: 206 526 6800 fax: 206 526 4576

email: bernard@pmel.noaa.gov

August 9-12, 2001 Erie, Pennsylvania

Critical Incident Stress Management Suite of Workshops

Offered by: International Critical Incident Stress Foundation (ICISF) Contact: ICISF

10176 Baltimore National Pike

Unit 201

Ellicott City, MD 21042 phone: 410 750 9600 fax: 410 750 9601 www.icisf.org

August 13-15, 2001 Charleston, South Carolina

Workshop on Vulnerability Assessment Techniques (VAT) II

Host: Organization of American States (OAS) and the NOAA Coastal Services Center

Contact: Lacy Johnson NOAA Coastal Services Center 2234 South Hobson Avenue Charleston, SC 29405-2413

phone: 843 740 1213 fax: 843 740 1313

email: lacy.johnson@noaa.gov

August 15-18, 2001 Shanghai, P.R. China

International Exhibition for Disaster Control and Emergency Treatment Services

Various activities including a disaster control and emergency treatment forum, technical seminars, business talks, and new product appraisals will take place during the event. Supported and sponsored by Shanghai Foreign Economic Trade and Relations Commission of Shanghai Municipal Government, Shanghai Anti-fire Security Council, Shanghai Disaster Control Association, Shanghai municipal Civil Defense Office, Education Network & Exhibition Services Ltd. OIC Advertising & Exhibition Co.,

Ltd. The Disaster Preparedness and Emergency Response Association Contact: Kwan Chu, Education Network & Exhibition Services

Limited

Unit E, 14/F Cindic Tower 128 Gloucester Road

Wanchai Hong Kong

phone: 852 2598 7556 fax: 852 2598 0302

email: enesjonathan@ctimail3.com

www.orientexh.com

August 18-21, 2001 Anaheim, California

96th Annual Meeting of the American Sociological Association (ASA). Topics include disasters and social aspects of risk.

For more information, see: http://www.asanet.org/convention/2001 or Contact: ASA Meeting Services 1307 New York Avenue, N.W.

Suite 700

Washington, DC 20005-4701 phone: 202 383 9005, ext. 305

fax: 202 638 0882 TDD: 202 638 0981

email: meetings@asanet.org

August 19-22, 2001 Raleigh, North Carolina

Sustaining Communities: Creating Markets for Mitigation

Presented by: Blue Sky Foundation Contact: Charles Dugger Project Coordinator

Blue Sky Foundation 920 Main Campus Drive Suite 100

Raleigh, NC 27606 phone: 919 424 4558

email: cedugger@unity.ncsu.edu

August 19-24, 2001 Washington, D.C.

First World Congress on Disaster Reduction

Sponsors: American Society of Civil Engineers (ASCE) and others Contact: Walter Hays ASCE

1801 Alexander Bell Drive Reston, VA 20191 phone: 703 295 6054 email: whavs@asce.org or Michael Cassaro, ASCE email: macass@aye.net

August 23-25, 2001 Kuopio, Finland

E-Health'— The Use of Information Technology and Telematics in Emergency Management and Education

Sponsored by: Department of Health Policy and Management, University of Kuopio, Finland, and others.

Contact: Conference Secretariat

Disaster Events Calendar

University of Kuopio, Department of Health Policy and Management P.O Box 1627 FIN-70211 Kuopio Finland phone: +358 17 163 631

fax: +358 17 162 999 email: aapo.immonen@uku.fi

August 24-27, 2001 New Orleans, Louisiana

Fire-Rescue International

Host: International Association of Fire Chiefs Contact: International Association of Fire Chiefs 1995-2001 4025 Fair Ridge Drive

Suite 300

Fairfax, VA 22033-2868 phone: 703 273 0911 fax: 703 273 9363 www.ichiefs.org

August 27-31, 2001 Faringdon, Oxfordshire

Second Internationl Course on Training of Trainers (ToT) for Disaster Management Offered by: Disaster Management Centre Cranfield University., U.K. Closing date for applications: August 1, 2001 Contact: Disaster Management Centre Cranfield University RMCS, Shrivenham Swindon, Wiltshire SN6 8LA, U.K. phone: +44 0 1793 785287 fax: +44 0 1793 785883 email: disprep@rmcs.cranfield.ac.uk

August 28-September 1, 2001 Helsinki, Finland

www.rmcs.cranfield.ac.uk/dmc

Fifth European Sociological Association

This meeting will incorporate several proposed sessions of the Disaster and Social Crisis Research Network', including: 1. Disasters and Social Crises: Visions and Divisions in American and European Approaches. Coordinators: Wolf Dombrowski, Disaster Research Unit, University of Kiel, Germany email: wdombro@soziologie.uni-kiel.de Robert A. Stallings, School of Policy, Planning, and Development, University of Southern California, USA, email: rstallin@usc.edu 2. Deconstructing Disaster Management: Beyond

the Command and Control Model, Coordinator: Maureen Fordham, Anglia Polytechnic University, United Kingdom email: m.h.fordham@anglia.ac.uk.

3. The Contributions of Sociology to Disaster Research and Vice Versa.

Coordinators: E.L. (Henry) Quarantelli, Disaster Research Center, University of Delaware, USA email: elqdrc@udel.edu

Bruna de Marchi, ISIG Institute of International Sociology of Gorizia

email: bruna.de-marchi@libero.it 4. Global Accumulation of Capital as a Factor in Social Crises and Complex Disasters.

Coordinator: Vera Vratusa, Faculty of Philosophy, University of Belgrade, Yugoslavia email: vvratusa@f.bg.ac.yu

5. Disaster and Sociocultural Changes: Changes Other Than Those in the Organization of Civil

Coordinator: Nicholas Petropoulos, Emergencies Research Center, Athens, Greece

email: erc@otenet.gr.

Sociologists and other social scientists who are interested in making a presentation in one of these sessions should submit an abstract of not more than 250 words, no later than January 31, 2001, to the respective session coordinators.

September 4-6, 2001 Malaga, Spain

Third International Symposium on Earthquake Resistant Engineering Structures (ERES 2001)

Contact: Susan Hanley Conference Secretariat Wessex Institute of Technology Ashurst Lodge Ashurst, Southampton, SO40 7AA, U.K. phone: 44 0 238 029 3223 fax: 44 0 238 029 2853 email: shanley@wessex.ac.uk www.wessex.ac.uk/conferences

September 8-12, 2001 Big Sky Resort, Montana

National Emergency Management Association (NEMA) Annual Conference

Contact: Tina Hembree NEMA P.O. Box 11910

Lexington, KY 40578 phone: 606 244 8162 fax: 606 244 8239

email: thembree@csg.org; www.nemaweb.org

September 9-15, 2001 Dresden, Germany

International Commission on Large Dams Annual Meeting

See: www.icold-cigb.org

September 9-12, 2001 Philadelphia, Pennsylvania

International Public Works Congress and

Includes educational sessions on emergency management issues Contact: American Public Works Association 2345 Grand Boulevard Suite 500, Kansas City, MO 64108-2641

phone: 816 472 6100 fax: 816 472 1610

September 10-13, 2001 Washington, D.C. Area

Managing Conflict during Humanitarian Operations: Improving Negotiation and Cross-Cultural Skills — A Professional Development Seminar for NGO Workers in Humanitarian Field Operations

Offered by: U.S. Institute of Peace Applications due July 15

Contact: Barbara Wien Program Officer, Training Department U.S. Institute of Peace 1200 17th Street, N.W. Washington, DC 20036 phone: 202 429 3823 email: bwien@usip.org

September 10-14, 2001 Brno, Czechia

Fourth Moravian Geographical Conference on Nature and Society in Regional Context

Organizers: Institute of Geonics, Czech Academy

Disasters and Their Natural and Social Consequences' is one of the conference topics. See: www.geonika.cz, password CONGEO Conference

or contact: Antonin Vaishar Institute of Geonics

P.O. Box 23, 613 00 Brno, Czechia fax: 4205 578031

email: vaishar@geonika.cz

September 27-29, 2001 Singapore

International Exhibition and Conference on Asian Emergency Care and Defence Medicine -

Organised by: PSA Exhibitions Pty Ltd Contact: PSA Exhibitions Ltd Singapore Expo 1 Expo Drive Singapore 486150 Republic of Singapore phone: 65 580 8308 fax: (65) 580 8300 email: hjpark@hq.psa.com.sg; www.psa.com.sg

September 30-October 3, 2001 Throggs Neck, New York

Disaster and Crisis Management: Prepare, Prevent, Prevail

Contact: State University of New York Maritime College Center for Disaster and Crisis Management 6 Pennyfield Avenue Fort Schuyler, New York 10465 phone: 718 409 7459 www.sunymaritime.edu/ACADEMICS/ undergraduate/cdcm.asp.

September 30-October 4, 2001 Fredericton, New Brunswick, Canada

Canadian Dam Association Annual Conference: 'Dams: Balancing Social, Environmental and Economic Impacts'

Contact: CDA 2001 Annual Conference c/o Fred Harriman Hydro Region, NB Power Corporation P.O. Box 2000 Station B, Fredericton, New Brunswick Canada E3B 4X1 phone: 506 462 3813 fax: 506 462 3830 email: cda2001@engineering.ca www.cda.ca/cda2001/index.html