Eight slow hours I've watched the clock.

A day is over
I must face the lock.

by A. R. Green

SOLITUDE

The night starts slowly, my thoughts are sad.

My bed and me, alone,
But in sleep I'm free.
The only peace I've ever had.

Bars look down.

and blacken my life, my soul.
Remorse comes now,
But what's to do?
I've had my kick and missed the gaol.

Night gallops on, in slow motion, in sleep, in nightmares.

What is real and what is not?

But does it matter?

For I am here

And I'm forgot.

Eons stretch on before me and I pray for a voice. Someone to hear me, Who will listen,

and care.

Ghosts of my life flutter in to haunt me.

I look to death, will it help?

This abscess of heartbreak

For an eternity of pain.

Inside I cry, I cringe, I writhe and plea.
Why can't this end?
I only want my dignity.

The sun rises to welcome another dawn,

But I'm still here.

I shouldn't be, I should be free.

The day will come, 'tis a long-way off,
When I'll' be gone.
Till then I'm silent.
I've no mind, I'm insane

you see.