Leaving the office behind this holiday season

THE DAYS ARE AT LAST STARTING TO LENGTHEN. SO IT'S TIME TO PUSH **THOUGHTS** OF PESKY CLIENTS FROM YOUR MIND AND **RELIVE** THE JOIE DE VIVRE OF YOUR UNIVERSITY YEARS WITH THE AID OF THESE TIPS.



Nothing reminds us more of our carefree uni days than the sweet taste of alcohol. Fancy a tipple? Try Pimm's and lemonade or a Moscow Mule.

BEST ROOFTOP BARS IN THE CBD

Rooftop Bar – Curtin House, 252 Swanston Street Madame Brussels – Level 3, 59 Bourke Street The Deck – Level 2, The Waterside Hotel, 508 Flinders Street (enter via Mercantile Place) Palmz at The Carlton – 193 Bourke Street

MOSCOW MULE RECIPE

Fill a highball glass with ice One shot vodka One shot lime juice Top up with ginger beer Garnish with a mint leaf and wedge of lime

WARDROBE OVERHAUL

If you want to reek of the loved-up uni vibe, fork out some cash. Recessionista fashion is sooo last year.

Instead, try to emulate the style of those indie-band kids receiving all the airplay on Channel V. Remember to dress as if you are going to a festival.

Ladies, massage out that RSI by spraying on a can or two of fake tan before pulling on the short shorts.

Gentlemen, need to smarten up? Throw on a pair of rolled-up chinos with some plimsolls (or boat shoes) and a nautical tee. Did someone say Portsea polo?

BOOKS

Many of us haven't read anything apart from High Court judgments this year. Draw on uni sentiments by reigniting your love of reading with these:

Self-help

The Art of Happiness, by His Holiness the Dalai Lama
The Happiness Trap, by Dr Russ Harris MD
The Power of Now: A Guide to Spiritual
Enlightenment, by Eckhart Tolle

On-trend

Tomorrow, When the War Began, by John Marsden

If you're missing the office

The Firm, by John Grisham
The Pinstripe Prison, by Lisa Prior
Hell Has Harbour Views, by Richard Beasley

HOLIDAY

Do you remember when you planned uni around the availability of cheap flights? Quench your frustration at the Supreme Court's lack of trolley access by booking a holiday instead.

Avoid lunching anywhere that costs \$20 and max out your credit on some travel instead.

Hot (and cheap) summer destinations include:

Anglesea – The new Portsea. Bury yourself in the sand and burn away your office tan.

If you do end up in Portsea, make sure you know the ferry timetable better than you know the opening hours of the court registries. This way if you spot your partner at the beach you can make a quick getaway.

Bali – It is the destination for young cashed-up professionals.

Queenstown, New Zealand – Bungy jumping should shake any "I'm not working" guilt right out of you.

Vietnam – Tailor your suits in Hoi An before heading to Nha Trang to practise relaxation in a hammock. Visit Vinpearl Amusement Park to get your adrenaline pumping instead of an arbitrary deadline being the cause of your heart palpitations.

If you don't yet have travel plans because you haven't left the confines of the 1200m² on Level 50, get your secretary to check out

www.needitnow.com www.expedia.com www.wotif.com www.lastminute.com.au

Oh, and if your client persists with that January deadline, you can always accumulate your leave and look forward to a European summer! Your peers will be envious as you get to relive the glory of your unidays once more.

And don't forget . . . if you still can't lose those bags under your eyes, keep a pair of designer sunnies on hand. Happy New Year 2011. •





ISTOCKPHOTOS