

Rising to the challenge

A YLS team has proved that going without can be rewarding.

From 1–21 June, team members challenged themselves to give up something, take up something or do something different for 21 days as part of a charity fundraiser.

Sacrifices set by various team members included giving up processed sugar, dairy, caffeine, chocolate and alcohol, while others vowed to exercise or bake daily. Even being punctual for the 21 days – and hopefully beyond – featured as one team member's goal.

The impetus behind this dedication was Open Family Australia's 21 Challenge, which raised money for homeless youth.

The YLS team reached its target, raising over \$5000 and finishing third on the 21 Challenge Top Teams ladder.

IS IT POSSIBLE
TO MAKE A
DIFFERENCE IN
ONLY 21 DAYS?



YLS team members:

Angela Guest
Anna Alexander
Ashvin Segaran
Bethany Visser
Claire Galofaro
Elizabeth Rowland
Forest Song
Francesca Steele
Georgette Apostolopoulos
Harry Venizelakos
Jess Hall
Jessica Kerr
Karina Popova
Kate Harry
Kehela Vandenberg
Melissa Knapic
Natalie Devitsakis
Nia Daves
Nick Cooper
Olivia de Castres
Sarah Curtain

Open Family (www.openfamily.com.au) provides outreach support and services to young people who are homeless or at risk of homelessness. With offices in both Victoria and NSW, Open Family offers youth-focused services to vulnerable young people in the environments where they congregate.

As team leader, I am proud of how team members embraced the challenge to raise both money and awareness for Open Family. The most enjoyable aspect of the 21 Challenge was working with other team members and witnessing the overwhelming support and encouragement we received from our sponsors.

I congratulate team members for their efforts and I look forward to challenging myself with you all again in 2012. •

ANNA ALEXANDER is manager of the LIV's YLS and was YLS team leader for the 21 Challenge.



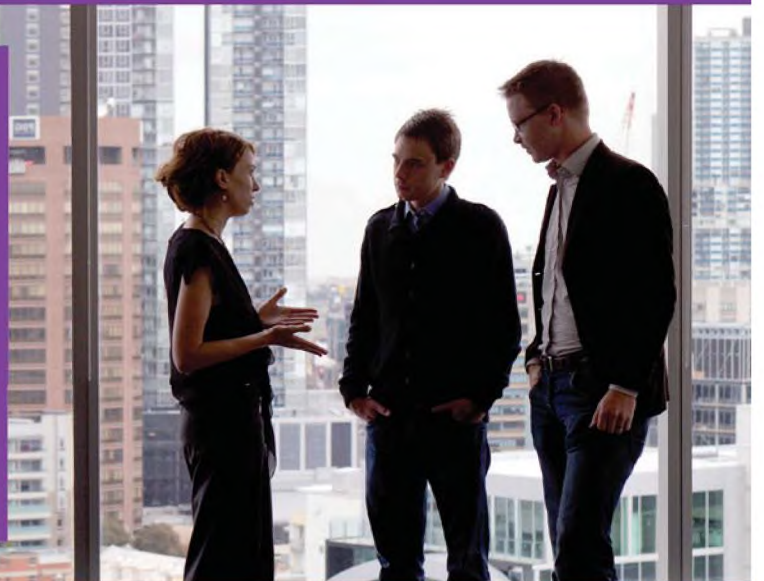
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