

NORTHERN TERRITORY OF AUSTRALIA

NURSING REGULATIONS

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NORTHERN TERRITORY OF AUSTRALIA

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Regulations 1983, No. 48\*

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Regulations under the *Nursing Act*

I, ERIC EUGENE JOHNSTON, the Administrator of the Northern Territory of Australia, acting with the advice of the Executive Council, hereby make the following Regulations under the *Nursing Act*.

Dated this eighth day of December, 1983.

E.E. JOHNSTON  
Administrator

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NURSING REGULATIONS

PART I - PRELIMINARY

1. CITATION

These Regulations may be cited as the Nursing Regulations.

2. DEFINITIONS

In these Regulations, unless the contrary intention appears -

"application" means an application in pursuance of regulation 3;

"course" in relation to -

- (a) a school of nursing for general nursing or midwifery nursing, means a prescribed course of study; and

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\* Notified in the *Northern Territory Government Gazette* on 16 December, 1983.

## *Nursing Regulations*

- (b) a training school for enrolled nursing, means a prescribed course of training;
- "midwifery nursing" includes the care of a person from the time of conception through to the delivery of her baby and the continuing care of the mother and her baby during the puerperium;
- "nominated principal" means the person who is nominated as being in charge of a school, consents to the nomination and is approved by the Board as the nominated principal of the school;
- "puerperium" means the period of 6 weeks after childbirth;
- "pupil nurse" means a person permitted to undertake a prescribed course of training at a training school;
- "qualified nurse educator" means a nurse who holds an associate diploma, diploma or degree in nursing education;
- "school" means a school of nursing or training school;
- "student nurse" means a person permitted to undertake a prescribed course of study at a school of nursing;
- "trainee" means a pupil nurse or student nurse.

### PART II - SCHOOLS OF NURSING AND TRAINING SCHOOLS

#### 3. APPLICATION FOR APPROVAL OF SCHOOL OF NURSING OR TRAINING SCHOOL

The person in charge of an institution may apply to the Board for approval of the institution as a school for a specified category of nursing, by lodging with the Registrar -

- (a) an approved form of application for approval in relation to the type of school and category of nursing applied for; and
- (b) an approved form of consent to the nomination as the nominated principal in relation to the person who is nominated as principal in the approved form of application for approval.

## *Nursing Regulations*

### 4. APPROVAL OF SCHOOL OF NURSING FOR GENERAL NURSING

(1) Subject to sub-regulation (2), where an application for approval of an institution as a school of nursing for general nursing has been made, the Board may so approve the institution for the whole of the prescribed course of study for general nursing where -

- (a) the nominated principal is a general nurse and has experience as a nurse satisfactory to the Board;
- (b) the institution can provide the prescribed course of study for general nursing;
- (c) the clinical experience which forms part of the prescribed course of study for general nursing shall be obtained at a hospital which has not less than 200 beds occupied by patients on a daily average and where not less than 100 general nurses are employed on a full-time basis and engaged in general nursing; and
- (d) the institution is managed and conducted, and is equipped with a library and teaching facilities, satisfactory to the Board.

(2) Where an institution does not comply with the requirements specified in sub-regulation (1)(b) or (c), the Board may approve the institution for a portion of the prescribed course of study.

### 5. APPROVAL OF SCHOOL OF NURSING FOR MIDWIFERY NURSING

(1) Subject to sub-regulation (2), where an application for approval of an institution as a school of nursing for midwifery nursing has been made, the Board may so approve the institution for the whole of the prescribed course of study for midwifery nursing where -

- (a) the nominated principal is a general nurse and midwifery nurse and has experience as a nurse satisfactory to the Board;
- (b) the institution can provide the prescribed course of study for midwifery nursing;
- (c) the clinical experience which forms part of the prescribed course of study for midwifery nursing shall be obtained at a hospital which deals with at least 500 births every 12 months and where not less than 15 midwifery nurses are employed on a full-time basis and engaged in midwifery nursing and have experience in midwifery nursing satisfactory to the Board; and

## *Nursing Regulations*

- (d) the institution is managed and conducted, and is equipped with a library and teaching facilities, satisfactory to the Board.

(2) Where an institution does not comply with the requirements specified in sub-regulation (1)(b) or (c), the Board may approve the institution for a portion of the prescribed course of study.

### 6. APPROVAL OF TRAINING SCHOOL FOR ENROLLED NURSING

(1) Subject to sub-regulation (2), where an application for approval of an institution as a training school for enrolled nursing has been made, the Board may so approve the institution for the whole of the prescribed course of training for enrolled nursing where -

- (a) the nominated principal is a general nurse and has experience as a nurse satisfactory to the Board;
- (b) the institution can provide the prescribed course of training for enrolled nursing;
- (c) the clinical experience which forms part of the prescribed course of training for enrolled nursing may be obtained at a hospital which has not less than 50 beds occupied by patients on a daily average and where not less than 25 general nurses are employed on a full-time basis and engaged in general nursing; and
- (d) the institution is managed and conducted, and is equipped with a library and teaching facilities, satisfactory to the Board.

(2) Where an institution does not comply with the requirements specified in sub-regulation (1)(b) or (c), the Board may approve the institution for a portion of the prescribed course of training.

### 7. CONSENT TO BE NOMINATED PRINCIPAL

Where a person is no longer to be the nominated principal of a school or she is expected to be absent from the school for more than 21 days, she or the person in charge of the institution shall lodge an approved notice to that effect with the Board, together with an approved form of consent to be the nominated principal of the school signed by the person proposed to replace the nominated principal.

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8. FORM OF APPROVAL

Approval under regulation 4, 5 or 6 shall specify

- (a) whether the institution is approved for whole or portion of a prescribed course of study or prescribed course of training, as the case may be;
- (b) the maximum number of trainees who may attend at the institution for a course at any one time;
- (c) the person approved as the nominated principal; and
- (d) other conditions of approval as the Board thinks fit.

9. CANCELLATION OF APPROVAL

The Board may cancel its approval under regulation 4, 5 or 6 where, in its opinion -

- (a) the nominated principal has failed to comply with the Act, these Regulations or a condition of the approval of the institution;
- (b) a prerequisite for approval of the institution as a school for the whole or part of a course is no longer fulfilled; or
- (c) approval of the institution was obtained by fraud or misrepresentation.

10. MEMBER MAY ENTER SCHOOL

After notifying the nominated principal of its or her intention to do so -

- (a) the Board shall, at least every 12 months; and
- (b) a member may, at any reasonable time,

enter a school and inspect areas and records in relation to trainees.

PART III - DUTIES OF NOMINATED PRINCIPAL

11. COURSES TO COMPLY

The nominated principal of a school shall ensure that a course at the school complies with these Regulations in relation to the course.

## *Nursing Regulations*

### 12. REGISTER OF PERSONS ENGAGED TO TEACH, &c.

The nominated principal of a school shall keep a register of the name, qualifications and professional address of a person engaged in teaching at the school.

### 13. ADMISSION OF TRAINEES

(1) Subject to sub-regulation (2), the nominated principal of a school shall not permit a person to undertake a course unless -

- (a) in the case of a school of nursing for general nursing, the person has attained 17 years of age and satisfactorily completed year 12 of secondary education;
- (b) in the case of a school of nursing for midwifery nursing, the person is a general nurse and has attained 20 years of age; or
- (c) in the case of a training school for enrolled nursing, the person has attained 17 years of age and satisfactorily completed year 9 of secondary education,

and

- (d) the person has produced references in relation to her good character from 2 other persons not related to her but well acquainted with her;
- (e) the person has produced a certificate from a medical practitioner that she is of such a state of health that no danger would be involved to a patient with whom she is likely to be in contact as a trainee; and
- (f) where the person has changed her name, provide documentary evidence of that change.

(2) The Board may allow the nominated principal to permit a person to undertake a course or portion of a course although the person has not completed the necessary secondary education for the category of nursing, where the person has attained 21 years of age and has recently obtained experience satisfactory to the Board.

### 14. NOTIFICATION IN RELATION TO TRAINEES

(1) The nominated principal of a school shall, in writing, notify the Board, where -

- (a) she permits a person to undertake a course, of the name, age and residential address of the person; or



*Nursing Regulations*

8. FORM OF APPROVAL

Approval under regulation 4, 5 or 6 shall specify -

- (a) whether the institution is approved for the whole or portion of a prescribed course of study or prescribed course of training, as the case may be;
- (b) the maximum number of trainees who may attend at the institution for a course at any one time;
- (c) the person approved as the nominated principal; and
- (d) other conditions of approval as the Board thinks fit.

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The Board may cancel its approval under regulation 4, 5 or 6 where, in its opinion -

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- (c) approval of the institution was obtained by fraud or misrepresentation.

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## *Nursing Regulations*

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- (b) in the case of a school of nursing for midwifery nursing, the person is a general nurse and has attained 20 years of age; or
- (c) in the case of a training school for enrolled nursing, the person has attained 17 years of age and satisfactorily completed year 9 of secondary education,

and

- (d) the person has produced references in relation to her good character from 2 other persons not related to her but well acquainted with her;
- (e) the person has produced a certificate from a medical practitioner that she is of such a state of health that no danger would be involved to a patient with whom she is likely to be in contact as a trainee; and
- (f) where the person has changed her name, provide documentary evidence of that change.

(2) The Board may allow the nominated principal to permit a person to undertake a course or portion of a course although the person has not completed the necessary secondary education for the category of nursing, where the person has attained 21 years of age and has recently obtained experience satisfactory to the Board.

### 14. NOTIFICATION IN RELATION TO TRAINEES

(1) The nominated principal of a school shall, in writing, notify the Board, where -

- (a) she permits a person to undertake a course, of the name, age and residential address of the person; or

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(b) a trainee discontinues with her course.

(2) For the purposes of sub-regulation (1), a notice shall be sent to the Board within 28 days of the person undertaking or discontinuing the course.

### 15. RECORDS OF TRAINEES

The nominated principal of a school shall maintain a continuous record, in an approved form, of the subjects of a course which a trainee has completed and the clinical experience gained by the trainee.

## PART IV - NURSING SYLLABUS

### 16. PRESCRIBED COURSE OF STUDY FOR GENERAL NURSING

The prescribed course of study for general nursing is a course at a school of general nursing for at least 3 years in which the subjects specified in Schedule 1 are covered for the number of hours appearing opposite the subject, the clinical experience specified in Schedule 2 is obtained and the skills specified in Part 1 of Schedule 3 are mastered in accordance with Part 2 of that Schedule.

### 17. ABSENCE FROM PRESCRIBED COURSE OF STUDY FOR GENERAL NURSING

A student nurse has not completed a prescribed course of study for general nursing where she is absent from the course for more than -

(a) 12 weeks during a 3 year period; or

(b) 10 days sick leave in a 12 month period,

of the prescribed course of study unless she continues on her course for the equivalent period of her absence in excess of the periods specified in paragraphs (a) and (b).

### 18. PRESCRIBED COURSE OF STUDY FOR MIDWIFERY NURSING

The prescribed course of study for midwifery nursing is a course at a school of nursing for midwifery nursing for at least 12 months in which the subjects specified in Schedule 4 are covered for the number of hours appearing opposite the subject, the clinical experience specified in Schedule 5 is obtained and the skills specified in Schedule 6 are mastered.

### 19. ABSENCE FROM PRESCRIBED COURSE OF STUDY FOR MIDWIFERY NURSING

(1) Subject to sub-regulation (2), a student nurse has not completed a prescribed course of study for midwifery nursing where she is absent from the course for more than 10 days sick leave in a 12 month period of the

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prescribed course of study unless she continues on her course for the equivalent period of her absence in excess of the 10 days.

(2) Where a student nurse is absent from a prescribed course of study for midwifery nursing for periods totalling more than 28 days in a 12 month period, the nominated principal shall not permit the student nurse to continue on her course unless the student nurse has obtained the approval of the Board to do so.

### 20. PRESCRIBED COURSE OF TRAINING FOR ENROLLED NURSING

The prescribed course of training for enrolled nursing is a course at a training school for at least 12 months in which the subjects specified in Schedule 7 are covered for the number of hours appearing opposite the subject and the clinical experience specified in Schedule 8 is obtained.

### 21. ABSENCE FROM PRESCRIBED COURSE OF TRAINING FOR ENROLLED NURSING

(1) Subject to sub-regulation (2), a pupil nurse has not completed a prescribed course of training for enrolled nursing where she is absent from the course for more than 10 days sick leave in a 12 month period of the prescribed course of training unless she continues on her course for the equivalent period of her absence in excess of the 10 days.

(2) Where a pupil nurse is absent from a prescribed course of training for enrolled nursing for periods totalling more than 28 days in a 12 month period, the nominated principal shall not permit the pupil nurse to continue on her course unless the pupil nurse has obtained the approval of the Board to do so.

## PART V - LECTURES AND EXAMINATIONS

### 22. LECTURES

Where a lecture or demonstration is part of a course at a school, the nominated principal of the school shall ensure that the lecturer or demonstrator is -

- (a) a qualified nurse educator;
- (b) a nurse with teaching qualifications or other approved expertise;
- (c) a medical practitioner; or
- (d) a person with approved qualifications.

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### 23. EXAMINATIONS

(1) For the purposes of sections 12(2) and 13(c) of the Act, an examination in accordance with this regulation is a prescribed examination.

(2) The Board may -

(a) set or cause to be set on its behalf written examinations; and

(b) undertake or cause to be undertaken oral and practical examinations,

in relation to a category of nursing.

(3) An examination in relation to a category of nursing shall not cover a subject or test a skill which is not part of the course for the category of nursing.

### 24. BOARD TO NOTIFY DATES OF EXAMINATIONS

(1) The Board shall notify the nominated principal of a school of the dates of examinations to be conducted by the Board or on its behalf and the closing dates for applications to sit for the examinations.

(2) Notification under sub-regulation (1) shall be in writing and at least 8 weeks before the date of the first examination to be conducted.

### 25. NOMINATED PRINCIPAL TO NOTIFY DATES OF EXAMINATIONS

Where the nominated principal of a school receives a notice under regulation 24, she shall, as soon as practicable, cause copies of the notice to be displayed or distributed in the school so that all trainees, who may be eligible to sit for an examination in a category of nursing, are made aware of the dates of examinations for the category of nursing

### 26. ELIGIBILITY FOR EXAMINATION

A person is eligible to sit for an examination in a category of nursing -

(a) after satisfactorily completing a course in relation to the category of nursing;

(b) where the person may complete a course between the dates upon which consecutive examinations for the category of nursing are to be held and the Board approves of her sitting for the examination before completing her course;

## *Nursing Regulations*

- (c) where the person has received a nursing education outside the Territory similar to the course for the category of nursing in the Territory and the Board approves of her sitting for the examination; or
- (d) where the Board has allowed the nominated principal of a school to permit, in pursuance of regulation 13(2), a person to undertake a portion of a course and the person has completed the portion of the course.

### 27. NOTIFICATION OF ELIGIBLE APPLICANTS FOR EXAMINATION

The nominated principal of a school shall, in writing, at least 6 weeks before the date of an examination in a category of nursing, notify the Board of the names of the trainees who will be eligible to sit for the examination and the examinations for which each of them will be eligible to sit.

### 28. APPLICATION FOR EXAMINATION

(1) A person who will be eligible to sit for an examination in a category of nursing may lodge with the Board, at least 28 days before the date of the examination -

- (a) an application in an approved form; and
- (b) a fee, determined by the Minister, which may be refunded if the person is not permitted to sit for the examination.

(2) Where the Board receives an application under sub-regulation (1), it shall allow the applicant to sit for an examination in a category of nursing where she is eligible under regulation 26 and -

- (a) has not failed more than 2 examinations in the category of nursing within the preceding 12 months; or
- (b) has failed more than 2 examinations in the category of nursing within the preceding 12 months but has undertaken further education or training satisfactory to the Board.

### 29. BOARD TO NOTIFY DETAILS OF EXAMINATIONS

The Board shall, in writing, at least 14 days before the date of an examination in a category of nursing, notify -

- (a) each person who has applied under regulation 28 and who, in its opinion, is eligible to sit for the examination in the category of nursing; and

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(b) the nominated principal of each school,  
of the date, time and place where the examination in the  
category of nursing shall be held.

30. BOARD TO NOTIFY RESULTS

The Board shall, as soon as practicable after the  
results of an examination in a category of nursing are  
determined, in writing, notify each candidate of her  
results and the nominated principal of a school of all  
results of trainees at the school.

31. CERTIFICATE OF COMPLETION

Where a person -

- (a) has passed an examination in a category of  
nursing;
- (b) completed a course in the category of nursing;  
and
- (c) has not been convicted of an offence against the  
*Nursing Act* or these Regulations,

the nominated principal of the school at which the person  
completed her course shall issue a certificate of com-  
pletion, in an approved form, in the category of nursing.

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## *Nursing Regulations*

### SCHEDULE 1

Regulation 16

#### PRESCRIBED COURSE OF STUDY FOR GENERAL NURSING

Subjects	Hours
<b>BIOLOGICAL AND PHYSICAL SCIENCES</b>	
1. Anatomy and Physiology	103
2. Chemistry and Physics	30
3. Microbiology	26
4. Nutrition and Diet Therapy	30
	<u>189</u>
<b>PROFESSIONAL NURSING STUDIES</b>	
5. Ethics and Professional Adjustment	12
6. History and Development of Nursing	10
7. Law relating to Nursing	12
8. Principles of Unit Management	10
9. Principles of Education	10
	<u>54</u>
<b>BEHAVIOURAL SCIENCES</b>	
10. Communication - Introduction	6
11. Psychiatric Nursing	20
12. Psychology	30
13. Social Aspects	15
14. Sociology/Anthropology	30
	<u>101</u>
<b>HEALTH AND COMMUNITY</b>	
15. Community Health (includes personal, family, community, occupational and environmental health)	28
16. Health Education	15
17. Rehabilitation - physical (occupational, speech and physiotherapy)	12
	<u>55</u>
<b>NURSING AND MEDICAL SCIENCES</b>	
18. Anaesthetics and Practice of Nursing	15
19. Casualty and Outpatient Nursing	4
20. Civil Emergencies and Disaster Nursing	10
21. First Aid (including bandaging and resuscitation)	22
22. Gerontology and Related Nursing Care	20
23. Intensive Care Nursing	10
24. Maternal and Infant Care, Sexuality and Family Planning	26



*Nursing Regulations*

SCHEDULE 1 - continued

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Subjects	Hours
25. Medicine and Related Nursing (including dermatology, communicable diseases, sexually transmitted diseases, oncology, tropical diseases)	88
26. Nursing Theory and Practice	160
27. Operating Theatre Techniques and Nursing	15
28. Paediatrics and Related Nursing	25
29. Pharmacology and Related Nursing Practices	35
30. Radiology and Related Nursing	15
31. Surgery and Related Nursing	75
32. Specialities -	
Ear, Nose and Throat and Related Nursing	12
Gynaecology and Related Nursing	14
Neurosurgery and Related Nursing	12
Odontology and Related Nursing	5
Ophthalmology and Related Nursing	12
Orthopaedics and Related Nursing	20
Thoracic Surgery and Related Nursing	10
Urology and Related Nursing	<u>12</u>
	<u>617</u>
33. Visits (hospital and extra-mural)	
Patient Assignments	
Private Study	
Revision, Group Discussions	
Tests and Examinations	584
 Total Programme Hours	 1600

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## Nursing Regulations

### SCHEDULE 2

#### Regulation 16

#### CLINICAL EXPERIENCE REQUIRED FOR GENERAL NURSING

Clinical Experience	Hours
1. Casualty and Outpatient Department Nursing	240
2. Community Health Nursing	160
3. Geriatric Nursing	160
4. Intensive Care Unit	200
5. Maternity Nursing	160
6. Medical Nursing (male and female)	960
7. Operating Theatre Nursing (assistance with)	160
8. Operating Theatre - Recovery Unit	40
9. Paediatric Nursing	400
10. Psychiatric or Mental Retardation Nursing	160
11. Surgical Nursing including Orthopaedic and 2 other Surgical Specialities (male and female)	960

*Nursing Regulations*

SCHEDULE 3

Regulation 16

PART I - SKILLS FOR GENERAL NURSING

GROUP A

1. Oral Medications
2. H.I./I.M. Injections

GROUP B

3. Swabbing and Dressing a Wound
4. Removal of Sutures/Clips
5. Shortening/Removal of Drainage Tube
6. Catheterization

GROUP C

7. Identification of the Patient
8. Gowning/Gloving
9. Pressure Area Care
10. Temperature, Pulse, Respiration
11. Blood Pressure
12. Administration of Oxygen (1 method only)
13. Deep Breathing and Coughing Exercises
14. Instillation of Ear Drops/Eye Drops/Eye Ointment

GROUP D

15. Handling of Sterile Supplies
16. Bathing Patient in Bed
17. Mouth Care
18. Insertion of Naso-gastric Tube
19. Intra-gastric Feeding
20. Suctioning: Tracheostomy/Endotracheal tube
21. Perineal Care
22. Intermittent Positive Pressure Therapy

GROUP E

23. Oral Medications
24. I.M./H.I. Injections
25. Swabbing and Dressing a Wound
26. Removal of Sutures/Clips
27. Shortening/Removal of Drainage Tube
28. Catheterization
29. Pressure Area Care
30. Administration of Oxygen (1 method only)
31. Deep Breathing and Coughing Exercises
32. Instillation of Ear Drops/Eye Drops/Eye Ointment
33. Bathing Patient in Bed
34. Mouth Care

*Nursing Regulations*

SCHEDULE 3 - continued

35. Intra-gastric Feeding
36. Intermittent Positive Pressure Therapy
37. Insertion of Naso-gastric Tube
38. Suctioning: Tracheostomy/Endotracheal Tube
39. Perineal Care
40. I.V. Injection - into cannula or giving set

GROUP F

41. Preparation of a Patient Care Plan
42. Report Writing

GROUP G - OPERATING THEATRE TASKS

43. Scrubbing Technique
44. Care and Handling of Specimens for Pathological Investigation
45. Counting Procedure

PART II - REQUIREMENTS AS TO SKILLS TO BE MASTERED

1. A student nurse is required to master 2 skills from each of Groups A, B, C and D in Part I before proceeding to enter the third and final year of a course.
  2. In the third and final year of a course a student nurse is required to master -
    - (a) 4 skills from Group E in Part I; or
    - (b) 2 skills from Group E and 2 skills from Group F in Part I.
  3. Mastery of skills referred to in item 2 will be assessed in a total patient care situation.
  4. A student nurse is required to master 12 clinical skills.
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*Nursing Regulations*

SCHEDULE 4

Regulation 18

PRESCRIBED COURSE OF STUDY FOR MIDWIFERY NURSING

Subjects	Hours
<b>BIOLOGICAL AND PHYSICAL SCIENCES</b>	
1. Anatomy and Physiology	40
2. Haematology (2 hours in Laboratory with Technologist)	5
3. Microbiology (application of microbiology theory including midwifery nursing theory hours)	5
	<u>50</u>
<b>SOCIAL SCIENCES</b>	
4. Social Aspects	20
5. Family Planning and Human Sexuality (including visits to the Family Planning Association and other relevant community groups)	15
6. Psychological Aspects	10
7. Psychiatric Aspects	5
8. Social, Religious and Ethical Issues	5
9. Cultural Differences	10
10. Demographic Studies	5
	<u>70</u>
<b>MEDICAL SCIENCES AND RELATED NURSING CARE</b>	
11. Pregnancy, Labour and Puerperium (Pre-natal Clinic; Pre-natal Ward; Labour Ward; Postnatal Clinic; Follow-up Clinic (including Community Health))	60
(a) Normal	50
(b) Abnormal	5
12. Nutrition	5
13. Physiotherapy	5
14. Anaesthesia and Analgesia (Labour Ward)	10
15. Perinatal Paediatrics (Nurseries/Formulae Rooms)	60
16. Intensive Care of Profoundly Ill Obstetric Patients	5
17. Pharmacology	5
	<u>200</u>

*Nursing Regulations*

SCHEDULE 4 - continued

Subjects	Hours
PROFESSIONAL MIDWIFERY NURSING STUDIES	
18. Professional Ethos	10
19. Legal Responsibilities	10
20. Principles of Unit Management	10
21. Principles of Education	5
22. Principles of Research in Midwifery	10
	<u>45</u>
TOTAL	<u>365</u>

SCHEDULE 5

Regulation 18

CLINICAL EXPERIENCE REQUIRED FOR MIDWIFERY NURSING

Clinical Experience	Hours
Pre-natal and Postnatal Clinics (Postnatal Clinic to include Family Planning, Infertility and Baby Clinic)	80
Pre-natal Nursing	
Postnatal Nursing	960
Delivery Suite Nursing	
Neonatal Care	
Well Baby and Infant Feeding	320
Intensive Care	160

*Nursing Regulations*

SCHEDULE 6

Regulation 18

PART I - SKILLS FOR MIDWIFERY NURSING

GROUP A - PRE-NATAL

1. Obtaining Patient's History
2. Conduct of First Clinic Visit
3. Examination of the Breasts - Pre-natal
4. Breast Preparation and Care - Pre-natal
5. Subsequent Clinic Visits
6. Abdominal Palpation

GROUP B - LABOUR

7. Measuring Foetal Heart Sounds
8. Full Vaginal Examination in Labour
9. Administration of Inhalational Analgesia
10. Epidural Anaesthesia
11. First Stage - Observations
12. Conduct of a Normal Delivery
13. Examination of Placenta, Membranes and Cord
14. Receiving the Newborn

GROUP C - POSTNATAL

15. Admission of Mother to Postnatal Ward
16. Perineal Care
17. Breast Feeding - Supervision and Instruction
18. Artificial Feeding - Supervision and Instruction of Mother
19. Breast Expression

GROUP D - NEONATAL

20. Reception of Well Baby from Labour Ward
21. Gastric Lavage (Infant)
22. Examination of the Newborn
23. Weighing a Baby
24. Weighing Baby in Humidicrib
25. Care of Umbilical Stump
26. Care of Moist Cord
27. Care of Sticky Eye (Infant)
28. Phototherapy
29. Subsequent Care in Phototherapy - Feeding
30. Admission of Baby into Humidicrib
31. Nasogastric/Orogastric Feeding of Baby
32. Measuring Oxygen Concentration with Analyser

## *Nursing Regulations*

### PART II - REQUIREMENT AS TO SKILLS TO BE MASTERED

1. A student nurse is required to master 3 skills, including the compulsory skill referred to in item 2, from each group in Part I.
2. The skill specified in Part I -
  - (a) in Group A - Abdominal Palpation;
  - (b) in Group B - Conduct of a Normal Delivery;
  - (c) in Group C - Breast Feeding - Supervision and Instruction; and
  - (d) in Group D - Examination of the Newborn,is a compulsory skill.

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### SCHEDULE 7

Regulation 20

#### PRESCRIBED COURSE OF TRAINING FOR ENROLLED NURSING

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Subjects	Hours
<b>HUMAN GROWTH AND DEVELOPMENT</b>	
1. Body Structure and Function	
2. Human Behaviour Normal/Abnormal	
3. Human Development from Conception to Senescence	47
<b>MICROBIOLOGY AND CONTROL OF INFECTION</b>	
4. The Nature of Micro Organisms	
5. Spread and Control of Infection	
6. Methods of Disinfection and Sterilization	
7. Personal Hygiene	
8. Collection of Specimens for Laboratory Examination	15
<b>NUTRITION</b>	
9. The Composition of Food and how the Body uses it	
10. Serving, Handling and Storage of Food	15



*Nursing Regulations*

SCHEDULE 7 - continued

Subjects	Hours
PROFESSIONAL, LEGAL AND HOSPITAL ASPECTS OF NURSING	
11. History of Nursing	
12. The Hospital Environment and Staff structure	
13. Ethics and Etiquette	
14. Legal Responsibilities	
15. The Learning Process	15
COMMUNITY HEALTH	
16. National, International and State Organizations	
17. The Enrolled Nurse as a Health Educator	
18. The Role of the Enrolled Nurse in the Community Health setting	10
NURSING, THEORY AND PRACTICE	
19. The Nursing Process	
20. Basic Skills including Practical Demonstrations and Clinical Practice under the Supervision of a Nurse Educator	60
SELECTED MEDICAL AND SURGICAL CONDITIONS AND RELATED NURSING CARE	
21. General Classification - Trauma, Hereditary, Infectious, Inflammatory, Degenerative, Congenital, Neoplastic, Nutritional	
22. General Care of the Medical Patient	
23. Care of the Unconscious Patient	
24. Care of the Surgical Patient	
25. Congenital and Hereditary Disorders	
26. Aspects of Nursing Care for Patients with - Respiratory Disorders Alimentary Disorders Disorders of the Billiary Tract Disorder of the Reproductive System Skin Disorders and Burns Disorders of the Nervous System Disorders of the Skeletal System Disorders of the Endocrine System A Communicable Disease Disorders of the Eye, Ear, Nose, Throat Disorders of the Cardio-vascular System	
27. Care of the Paediatric Patient	
28. Care of the Elderly Patient	
29. Care of the Patient with Psychiatric Condition	
30. Care of the Dying Patient	60

## Nursing Regulations

### SCHEDULE 7 - continued

Subjects	Hours
<b>FIRST AID AND EMERGENCY CARE</b>	
31. Bandaging	
32. First Aid	
Fractures, Sprains and Dislocations	
Shock and Haemorrhage	
Foreign Bodies	
Cardiopulmonary Resuscitation	
Fits, Fainting and Unconsciousness	
Heat Exhaustion/Stroke and Hypothermia	
Poisons, Bites and Stings	
33. Emergency Procedures	15
<b>DUTIES OF ENROLLED NURSES IN SPECIAL AREAS</b>	
34. Operating Theatre	
35. Casualty and Outpatients	
36. Central Sterile Supply	
37. Midwifery Unit	5
<b>MISCELLANEOUS</b>	
38. Visits, Internal and External	
39. Revision	
40. Films, Group Discussions, Projects and Assignments	
41. Examinations and Tests	<u>58</u>
<b>TOTAL</b>	<u>300</u>

### SCHEDULE 8

Regulation 20

#### CLINICAL EXPERIENCE REQUIRED FOR ENROLLED NURSING

Clinical Experience	Hours
Medical Nursing	320
Surgical Nursing	320
Paediatric Nursing	320
Community Health Nursing	80
Maternity Nursing	160
Outpatients and Casualty Nursing	160
Geriatric Nursing	80